



ADULT IMMUNISATIONS GUIDE

Below is a guide on various vaccinations recommended for adults.
 Dosing as below are for adults who have never had the vaccine before.
 Please consult a Doctor before taking any vaccinations.

Vaccine	19-21 years	22-26 years	27-59 years	60-64 years	65+ years
Influenza	1 Dose Annually				
Diphtheria, Tetanus, Pertussis & Polio	1 Dose then Booster Every 10 years depending on indication.				
MMR (Measles, Mumps & Rubella)	1 or 2 Doses depending on indication				
Chicken Pox (Varicella Zoster)	2 Doses				
Shingles (Herpes Zoster)				1 Dose	
HPV (Human Papilloma Virus)	3 Doses (Male & Female)				
Pneumococcal (13 & 23 Serotypes Available)	1-2 Doses depending on indication				
Hepatitis A	2-3 Doses depending on indication				
Hepatitis B	3 Doses with Booster every 10 years				
Meningococcal	1-2 Doses depending on indication				
Rabies	3-5 Doses depending on indication				
Japanese Encephalitis	1-2 Doses depending on indication				
Typhoid	1 Dose with Booster every 3 years				